

JUNE 11-12, 2007

The Dairy Council of Utah/Nevada and the Utah State Office of Education—Family & Consumer Science, are pleased once again sponsor the annual Nutrition and Food Science Workshop.

Speakers and breakout sessions, under the theme of “Nutrition Jeopardy,” will help participants refresh and update their nutrition background. Participants will also receive valuable resources and materials to assist in teaching.

Classes include a variety of learning opportunities - lectures, labs, handouts, demonstrations and hands on activities.

Nutrition Jeopardy

Attitudes & Trends	Environment	Research Update	Cultural Influences	Information Sources	Tools to Use
Food Trends		Nutrient Rich		blogs podcasts	
	Breakfast		Early Puberty		Equipment
Energy drinks		MyPyramid		Ingredient labels	
	School wellness		Family meals		Class tools
Body image		Teens supplements		Web research	★

Nutrition & Food Science Workshop

- Secondary Teachers \$35.00
- General Registration \$50.00
- Late Fee (after June 4th) + \$15.00
- Nutrition Council Speaker Only \$ 5.00

Total _____

- Check enclosed
- Visa Mastercard AmEx

Card# _____

Exp. Date _____

Signature _____

Name _____

School or Organization _____

City _____ State _____ Zip _____

Email _____

Phone _____



Registration

Please pre-register through the Dairy Council of Utah/Nevada office:

- Phone (801) 487-9976
- Fax (801) 487-6975
- Mail completed registration to:
Dairy Council of UT/NV
1213 E. 2100 So.
Salt Lake City, Utah 84106

Registration confirmation and full class schedule will be emailed to participants with valid email addresses.

June 11-12, 2007

8:00 am - 4:30 pm

Location:

Riverton High School
12476 S. 2700 W.
Riverton, Utah

Credit:

Participants may receive USOE licensure points or university credit good for lane changes

Objectives

- Participants will receive updates by lecture, discussion, handouts, and demonstrations on current topics in the field of nutrition and food science.
- As a result of the workshop, participants will be provided With ways to make nutrition information meaningful and relevant to students and clients.
- As a result of this workshop, participants will be able to personally apply diet research to improve their health and broaden their academic understanding.

Housing

A block of rooms have been reserved under the name Family and Consumer Sciences at:

Best Western Cotton Tree Inn
10695 S. Auto Mall Dr.
Sandy (801) 523-8484 \$68

Extended Stay Union Park
7555 S. Union Park Dr.
Midvale (801) 567-0404 \$59

Best Western Executive Inn
270 W. 7200 S.
Midvale (801) 566-4141 \$49

Other nearby hotels are listed for your convenience. Ask for the government rate for teachers.

La Quinta
7231 S. Catalpa St.
Midvale (801) 566-3291

Draper Ramada
12605 Minuteman Dr.
Draper (801) 571-1122

Days Inn South
7251 S. 300 W.
Midvale (801) 566-6677

Super 8 Midvalley
7048 S. 900 E.
Midvale (801) 255-5559

Topics

- Food trends
- Sports & energy drinks
- Early Puberty
- Body images & diet
- Blogs & podcasts
- Nutrition on the web
- Family meal times
- Nutrient rich foods
- Teaching MyPyramid
- Ingredient labels
- Nutrition Environment
- Breakfast & learning
- Equipment & tools
- Teens & supplements
- Cultural aspect of food
- Demonstrations / Labs



We respectfully request children not attend the workshop.